

**Case 9**

<b>June, 74 years old</b>	
Present problems	June suffers from severe Osteoporosis for at least 10 years. She has been diagnosed with multiple vertebral collapses and had a hip fracture when 68 years old. Severe chronic pain which restricts her mobility significantly
Mental state	June is a very pleasant lady who is taken her medical problems very bravely. She is always cheerful and it is obvious that she does not want to make any fuss at all.
Drug use	none
Social history	June is married and her husband is fortunately a very fit and supportive gentleman. He does most of the housework. They have 3 children who live not too far with their own families.
Past medical problems	Hysterectomy when 38 due to severe bleedings. Cholecystectomy about 20 y ago, history of moderate Asthma in her teens and tweens, but has been stabilised over the years, only needs inhalers prn
Physical examination	166 cm, 54 kg tenderness over thoracic spine, kyphotic, normal BP, chest nad
Investigations	All blood test were normal like FBC, CRP, TSH, U&E, renal and liver function, RFT
Current medication	Co-codamol qds, Ibuprofen tds, Salbutamol inhaler prn, Aledronate 70 mg once weekly, Calcium/Vit D preparation